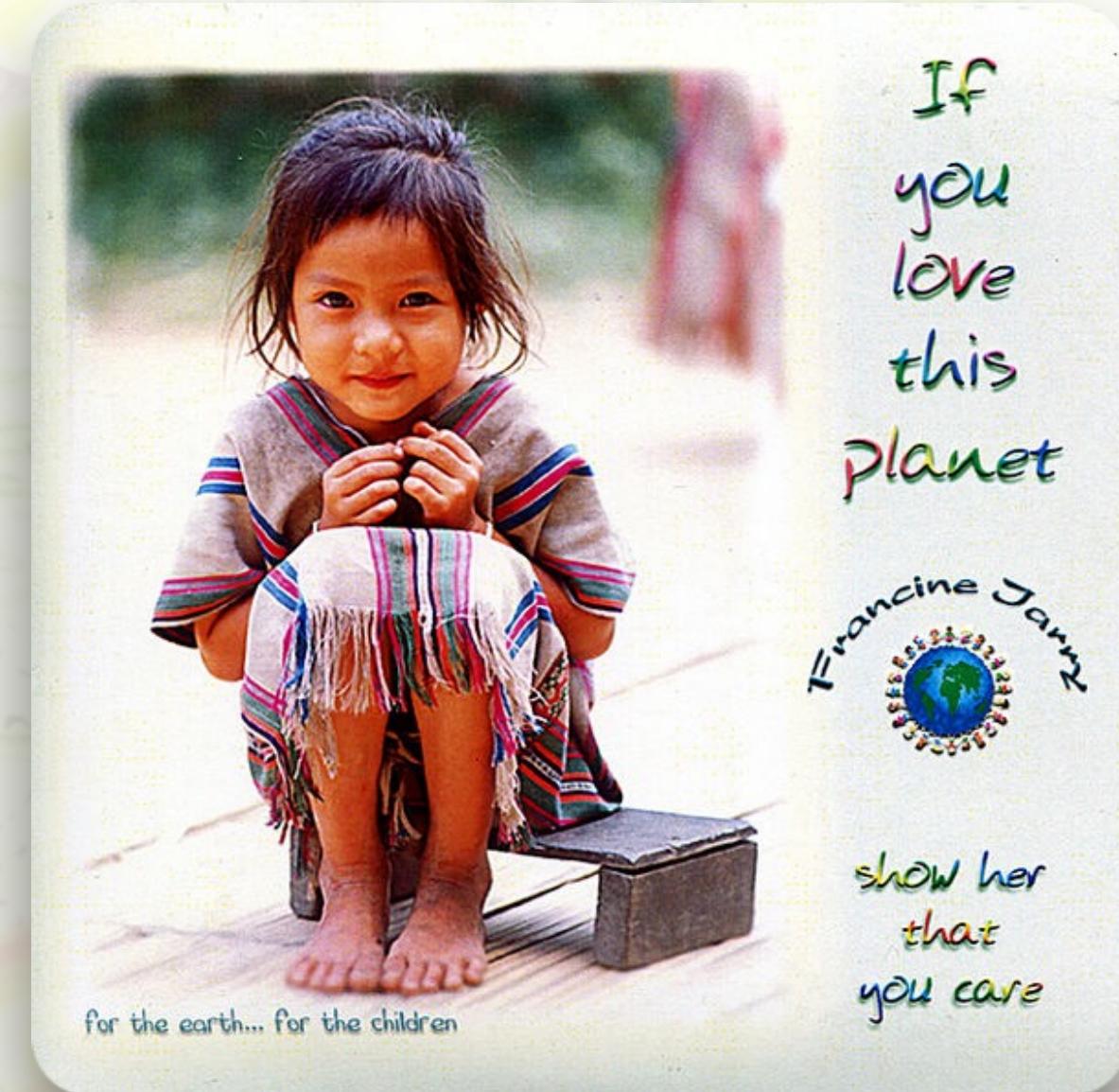


Francine Jarry presents...The musical album we all need at this time on our planet...songs of love, compassion, understanding and kindness toward each other while getting back to a place of harmony and balance in creating a peaceful and abundant future for all beings of the Earth...



Album available on all digital venues including Spotify, iTunes, Apple, Amazon, etc... for music & lyrics go to [rainbowmusic.ca](http://rainbowmusic.ca) or [broadjam.com/francinejarry](http://broadjam.com/francinejarry)



SONGS...

1. If you love this planet
2. Our family connection
3. We are the ones
4. The children are the guardians of the world
5. Spirit is calling
6. Here comes the rain
7. Through the eyes of Source
8. Love heals everything
9. Be Love
10. The nu dream
11. Joy to the Universe
12. Children of the Sun  
(Maya Theme-Story of Time)





# Your musical connection to well-being

# Francine Jarry

## uplifting songs of wisdom & well-being for everyone

Welcome to a new and unique musical approach to well-being...just as children can learn their ABC's to a simple melody, Francine's songs can help us learn and remember positive uplifting concepts of well-being with words & music enhancing positive empowering emotions and self esteem.

Francine...dreamer, creator, artist...multi-instrumentalist, singer, songwriter, producer and arranger, for many years blending my spiritual resources with my vast musical experience and background...**'your musical connection to well-being in easy-to-remember words & music'** for all ages...in English with some songs in French & Spanish... **creations in recent years have included...**

- \* two **Abraham-Hicks** collaboration albums '**Joy Joy Joy**' & '**A New Adventure**' plus a 20 minute **Highlights** compilation album...
- \* **[thestoryoftime.com](http://thestoryoftime.com)** musical website written by **José Argüelles** — music composed, recorded & performed by Francine Jarry...
- \* opening music for spiritual/wellness conferences including The Spiritual Science conference in Montreal for the past 25 years...
- \* worked with school choirs & presently introducing schools to my empowering **musical websites** for classroom smart boards...
- \* **[itsuptome.ca](http://itsuptome.ca) - [followtherainbow.ca](http://followtherainbow.ca) - [doitforlove.ca](http://doitforlove.ca) - [ifyoulovethisplanet.ca](http://ifyoulovethisplanet.ca) - [goinghomesongs.ca](http://goinghomesongs.ca) - [francinejarry.ca](http://francinejarry.ca)** ...
- \* 18-20 albums available for streamings & downloads online including Spotify - Apple/iTunes etc...approximately 140 youtube videos...
- \* latest project "**Sing your way into well-being**" with the '**I CAN DO IT**' calendar style book series with images, lyrics, quotes and...
- \* links to the albums online — available soon in print or PDF — '**If You Love This Planet**' latest and possibly most relevant right now...
- \* **Going Home** album/website/calender — special soothing & inspiring "**Songs & Quotes for the Journey Home**" is intended for...
- \* memorials and celebrations of life — or just as comforting music/songs/lyrics after the loss of a loved one...

### What people are saying...

"I just wanted to share the **powerful effects** your "**Joy Joy Joy - I Can Do It**" song is having on my **special-ed students** in the East Bay in California. Your incredible song has given them the confidence to persevere. Thank you!!"

"Why is it that **your work is so utterly relevant to what the world needs** that anytime I write something, your music becomes an essential reference?" Burt Danet, PhD - A Better Community For All (ABC4All - California)

"Your combination of uplifting words and 'musical moods' is "**just what we need right now on the planet.**"

"Your song "**We are the ones (we've been waiting for)** from the Hopi Elders gives the world such a powerful message. Sandie, UK

The Rainbow Music Company  
[rainbowmusic.ca](http://rainbowmusic.ca) — [francinejarry.ca](http://francinejarry.ca)

'all ages'



for the earth... for the children

If  
you  
love  
this  
planet

Francine Janusz

show her  
that  
you care

If you love this planet  
Si tu aimes la terre  
If you love this planet  
Handle her with care

If you love this planet  
Et le bruit de la mer  
If you love this planet  
Show her that you care

C'est l'amour et la lumière  
Qui nous guide sur terre  
If you love this planet  
Handle her with care

If you love this planet,  
Si tu aimes la terre  
If you love this planet  
Show her that you care

Si tu quieres a la tierra  
Por los niños, por la vida  
Si tu quieres a la tierra  
Cuidalá con compassion

Con amor  
En nuestras vidas  
Y con luz y con passion  
Si tu quieres a la tierra  
Dala todo tu corazon

Si tu quieres a la tierra  
Por los niños, por la vida  
Si tu quieres a la tierra  
Cuidalá con compassion

If you love this planet  
Si tu aimes la terre  
If you love this planet  
Show her that you care  
Lead guitar: Davis Joachim  
Photo: Jim Zuckerman



# OUR FAMILY CONNECTION

Lyrics: Jeane Denny—Lead guitar: Steve Parton

Tread softly on the earth As the native children do  
Tread softly on the earth For the earth loves you  
Tread softly on the earth And you will feel  
Our family connection

Tread softly on the earth  
As the little critters do  
Tread softly on the earth  
For she loves them too  
Tread softly on the earth  
And you will feel  
Our family connection

**CHORUS**  
Sing softly to the Earth  
For she will hear  
Sing softly to the Earth  
While you are here  
Sing softly to the earth  
And you will hear  
Our family connection

# WE ARE THE ONES we've been waiting for... The Hopi...

We are the ones we've been waiting for  
We are the ones who can change the world

We are the ones to open up the doors  
We are the ones and we've been here before  
(We are the ones we've been waiting for)

Only when the last tree has been cut down  
The last fish has been caught  
And the last stream has been poisoned  
Will we realize that we cannot eat money  
Native American Proverb

Let us take care of each other  
Be kind to one another

Take care of each other in our own special way  
Let us live in peace together  
As friends, brothers and sisters  
And love one another from this moment on

We are the ones  
We are the ones  
If you love this planet  
Show her that you care  
We are the ones  
If you love this planet  
Handle her with care  
Show her that you care  
We are the ones

# The Children Are The Guardians Of The World ‘Los Niños Son Los Dueños de la Tierra’

The children are the future of the planet  
The children are the teachers  
The children are the ones who know the secrets  
They are the ones - who will lead the way

## *Chorus*

The children are the keepers of the earth  
The children know the wonders of the world  
They've always been the ones who know the way  
The children are the guardians of the world

## **Narration (Francais)**

*Les enfants sont l'avenir sur terre  
Les enfants nous montrent le chemin  
Les enfants sont l'espoir, la lumière  
Les enfants sont la voix de demain*

Paraguayan harp: Robin Grenon  
English lyrics: Jeane Denny  
Photo: Jim Zuckerman

### **(Español)**

Los niños son  
La voz de nuestra tierra  
Los niños son su canto  
Los niños son  
La voz de la esperanza  
Nos enseñan  
Amor, paz y libertad

## Chorus

Los niños son  
Los dueños de la tierra  
Los niños ven  
Todas sus maravillas  
son - amor e inocencia  
- los dueños de la tierra

We do not inherit the earth from our ancestors  
We borrow it from our children  
Native American Proverb

# Spirit Is Calling

Intro

Spirit is calling, spirit is calling

Spirit is calling, calling me Home

Spirit is calling, calling, calling me Home

Spirit is calling, calling, calling me Home

Spirit is watching, watching, watching over me

Spirit is watching, watching, watching over me

Children awaken to love's vibration

Open your hearts to the Light

Discover your wisdom, remember your vision

Reach up and touch the sky

Spirit is calling, calling, calling me Home

Spirit is calling, calling, calling me Home

Paraguayan harp...Robin Grenon

— Wherever I Am — God Is —

# Here Comes The Rain

Thank you spirit can you hear my call  
Thank you spirit for the rain that falls  
Here comes the rain — here comes the rain  
Our precious Earth will smile again  
Here comes the rain — here comes the rain

Sing to the earth — sing to the rain  
Feel it fall so willingly  
Nurturing all beings again  
As it flows so abundantly

Nature is reborn again  
What was lost reforms anew  
With tools in hand — faith in our hearts  
And strength to dream what we can do

Thank you spirit for you heard my call  
Thank you spirit for the rain that falls  
*Here comes the rain — here comes the rain*  
*Our precious Earth can smile again*  
*Here comes the rain — here comes the rain*  
*Here comes the rain — here comes the rain*

ATMOSPHERIC SPRAYING OF TOXIC AND COMBUSTIBLE SUBSTANCES IS FUELING FOREST FIRES EVERYWHERE

*Lyrics sent to me by my friend Julie Kirk in Australia as a prayer and visualization to stop the wildfires blamed on climate change...please check links below for information on chemtrails, the spraying of our skies and the devastating effect it is having on our planet, biosphere, animal and plant life & all beings of the Earth.*

*We are facing a spiritual battle like never before in these historical times. Never before have we been under greater attack by poisons and toxins hitting us from every direction. Time to rise up, speak out and take inspired action.*



<https://rumble.com/v4klh96-climate-the-movie-the-cold-truth.html>

*GeoengineeringWatch.org*

# Through the eyes of Source

Through the eyes of Source  
I can see through the eyes of love  
Open up the doors  
To where I've never been before

Through the eyes of Source  
I can understand  
Through the eyes of Source  
I remember who I am

Chorus  
I am spirit, I am love  
Through the eyes of Source  
I am spirit, I am love  
I am love

Through the eyes of Source  
I know all I need to know  
Through the eyes of Source  
My life can truly flow

Chorus  
Life is beautiful, life is good  
Through the eyes of Source  
Life is beautiful, life is good  
Life is good

I am spirit, I am love  
Through the eyes of Source  
I am spirit, I am love  
I AM LOVE...

String arrangement: Peter Mika

# **LOVE HEALS EVERYTHING**

## ***Chorus***

Love heals everything

Love is all we need

Love heals everything

Love is all there is

## ***Verse 1***

Let me gently take your hand

Help you understand

Let me hold you in my arms

Wipe your tears away

## ***Chorus***

Love heals everything

Love is all we need

Love heals everything

Love is all there is

## ***Verse 2***

Let me be your guiding Light

Shining in the night

Trust in me to see you through

Count on me, I love you

## ***Chorus***

Love heals everything

Love is all we need

Love heals everything

Love is all there is

The highest intelligence is love itself

\*\*\*

Love is the power of the Universe

\*\*\*

Love never dies

\*\*\*

*Quotes from 'Love Without End' by Glenda Green*

***Flute: Shelley Snow***

# BE LOVE

A photograph of a young boy and girl from behind, kissing in a field at sunset. The boy is wearing a yellow polo shirt and jeans, and the girl is wearing a blue dress. The background is a blurred landscape of fields and a setting sun.

Sing to the Earth  
Praise all her children  
To live in peace and harmony  
May love be always in your heart  
Be love, oh children just be love  
Be love, be love

Sing to the Stars  
And praise their beauty  
For they will shine through eternity  
May hope be always in your heart  
Be hope, oh children just be hope  
Be hope, be hope

String arrangement: Peter Mika

Sing to the Children  
And to all beings  
That they may thrive in diversity  
May peace be always in your heart  
Be peace, oh children just be peace  
Be peace, be peace  
~~~~~  
Original melody Inspired from a mantra by  
Jerry DesVoignes ~ composer & teacher

# THE NU DREAM

It's/see a picture of a new world  
Where no one ever lives in poverty  
It's/see a picture of a new world  
Where all of us can live in harmony

It's a picture of a new way  
And the road is clear as long as we give love  
It's a picture of a new day  
Do your part and build a world we're all proud of

## CHORUS

It's a Nu way — it's a Nu life  
Walk a Nu road - live a Nu light  
Take a step and find the way to make a change  
Turn your head and make a choice to rearrange  
*Turn around and realize "we've got to change"*

See a vision of a new path  
One that leads us all to better thoughts and goals  
Feel a new sense with a new hope  
Where fears no longer fill our hearts and souls

Lyrics: Peter Kelly ~ Music: Francine Jarry



# JOY TO THE UNIVERSE

## Verse 1

Thank...thank the Universe

For joy in co-creation

Thank...thank the Universe

With appreciation

## Verse 2

Thank...thank the Universe

For abundance and well-being

Thank...thank the Universe

For life is everlasting

## Chorus 1

Joy to the Universe

Joy to all creation

Joy to the Universe

Spirit and connection

## Chorus 2

Joy to the Universe

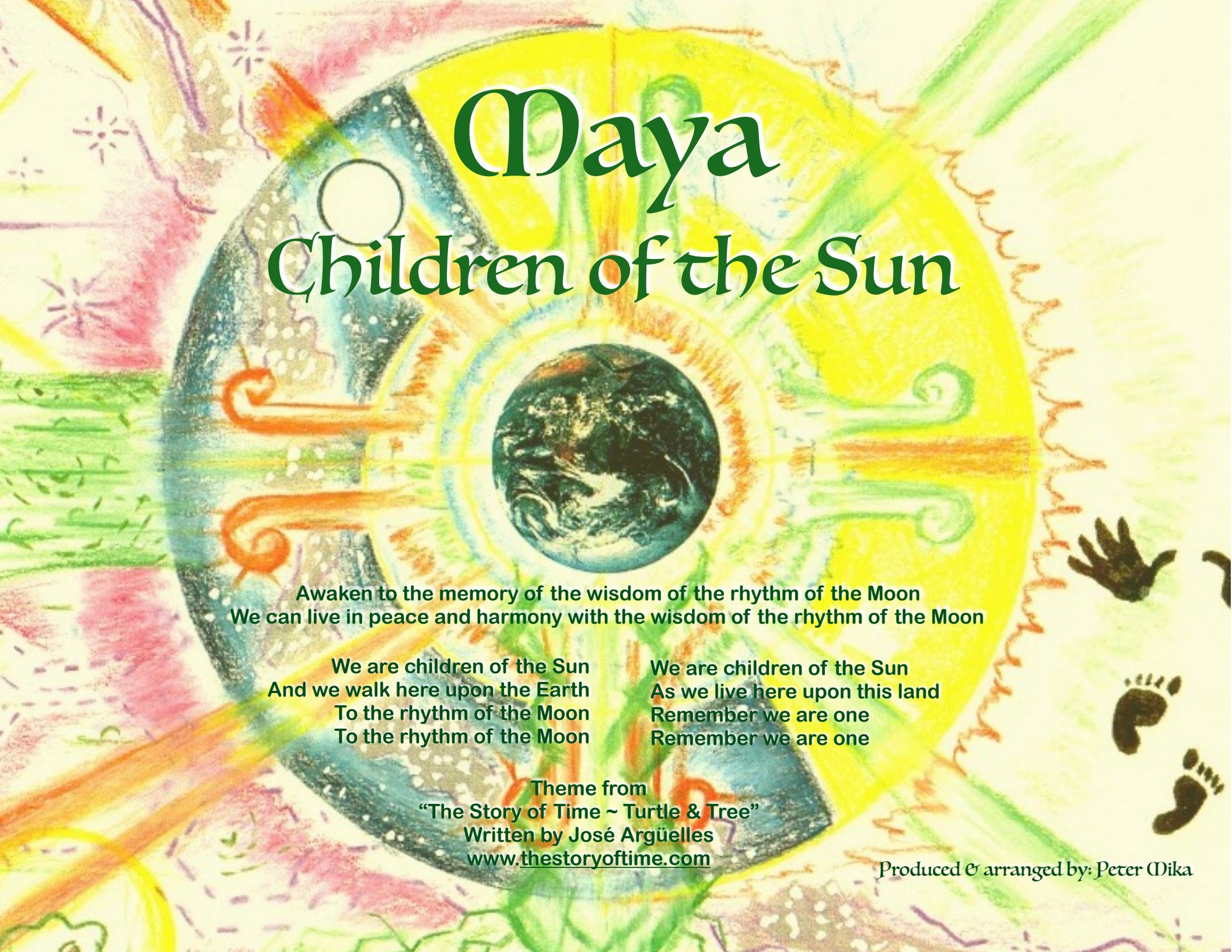
Joy to abundance

Joy to the Universe

Harmony and balance

Joy to the Universe ~ Spirit and connection

JOY! JOY! JOY! JOY!



# Maya Children of the Sun

Awaken to the memory of the wisdom of the rhythm of the Moon  
We can live in peace and harmony with the wisdom of the rhythm of the Moon

We are children of the Sun  
And we walk here upon the Earth  
To the rhythm of the Moon  
To the rhythm of the Moon

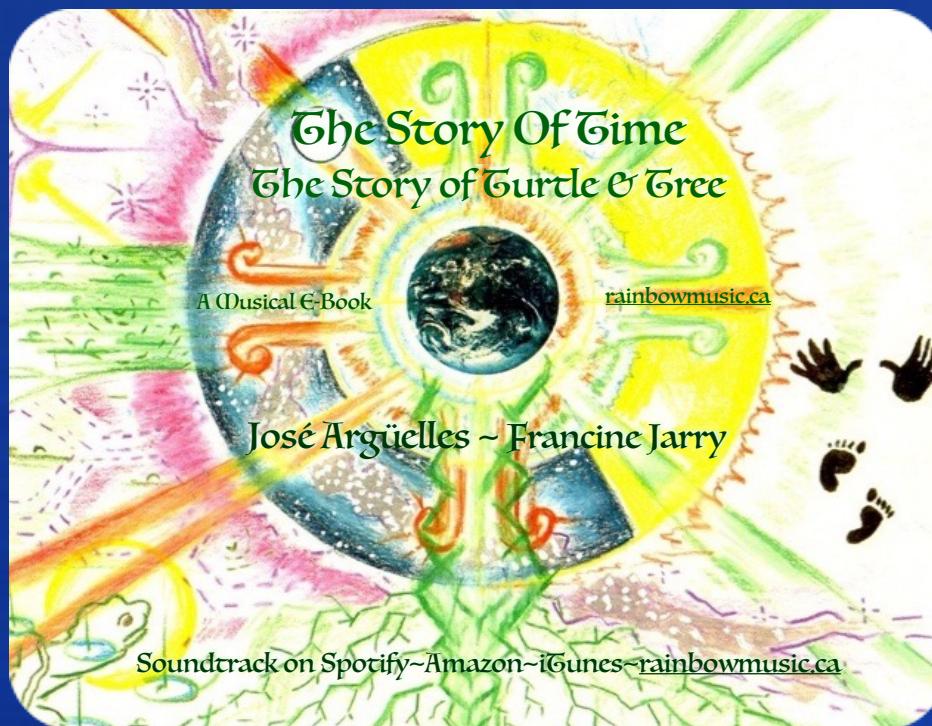
We are children of the Sun  
As we live here upon this land  
Remember we are one  
Remember we are one

Theme from  
“The Story of Time ~ Turtle & Tree”  
Written by José Argüelles  
[www.thestoryoftime.com](http://www.thestoryoftime.com)

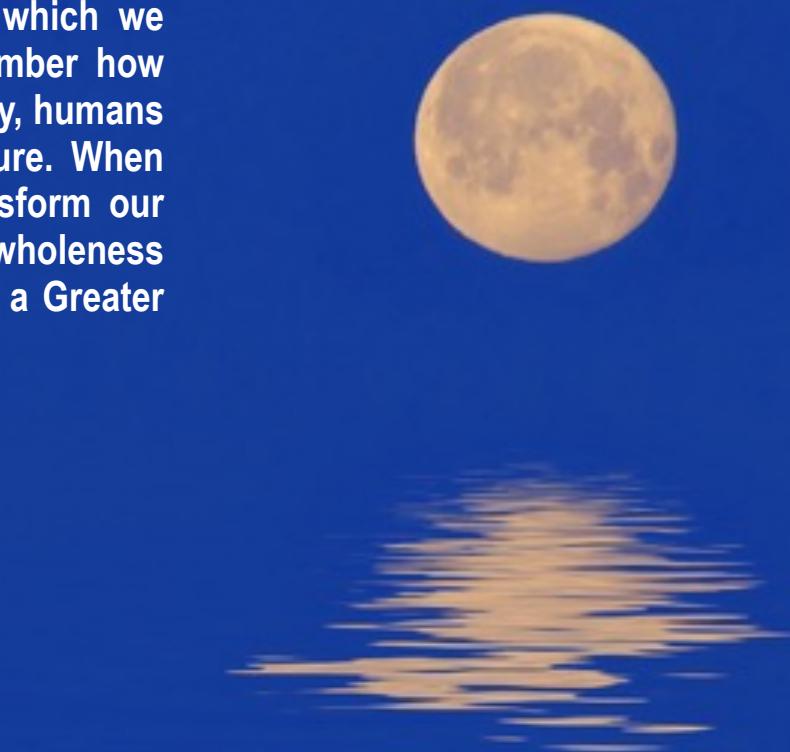
Produced & arranged by: Peter Dika

Long ago our planet was known as '*Turtle Island*' by all children of the Earth as the power of 13 is contained within the matrix on the back of Turtle's shell for it takes 13 Moons for the Earth to make one complete orbit around the Sun while Tree keeps time one ring-each year.

Most people today have never questioned the calendar by which we live...12 irregular months needing a rhyme to help us remember how many days in each month. Of all the species on the planet today, humans are the only ones not living according to the cycles of nature. When living in the flow with nature again, we will be able to transform our planet into a paradise to be enjoyed by all..a reflection of the wholeness of the Earth, the Solar system and the Cosmos itself...part of a Greater Galactic Civilization.



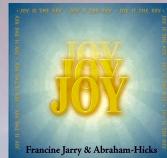
**Musical eBook**  
<https://thestoryoftime.com/>



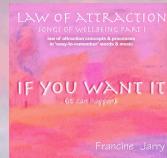
## **THE STORY OF TIME** **The Story of Turtle & Tree**

**“soundtrack only now streaming on”**  
**Spotify~iTunes~Apple Music~Amazon**  
**rainbowmusic.ca~etc.**

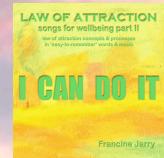
# Where to find my music



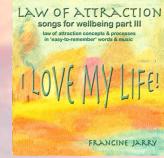
Joy Joy Joy



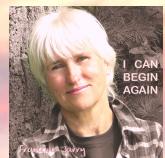
If you want it



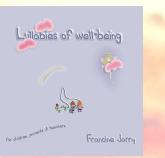
I Can Do it



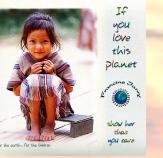
I love my life



I can begin again



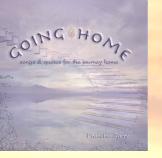
Lullabies of



If you love



It's up to me



Going Home

SPOTIFY

[Spotify](#)

Apple / iTunes

[Apple Music](#)

AMAZON

[Amazon](#)

Broadjam

[Broadjam/francinejarry](#)

YouTube

[YouTube/francinejarry](#)

[rainbowmusic.ca](#)

[IF YOU LOVE THIS PLANET album](#)

If you love this planet (song)

[YouTube Video](#)

Music My Life (youtube video)

[Musical biography](#)

If you love this planet (video)

[YouTube playlist](#)

[francinejarry.ca](#) ~ [rainbowmusic.ca](#)

<https://rainbowmusic.ca/albums>

~ Musical websites ~

[thestoryoftime.com](#) ~ [followtherainbow.ca](#) ~ [ifyoulovethisplanet.ca](#)  
[doitforlove.ca](#) ~ [itsuptome.ca](#) ~ [goinghomesongs.ca](#)

I invite you to find my music on the online venue of your choice

The Rainbow Music Company  
Montreal — Canada